

UNION LOCAL Middle School Lunch Menu

September 2022

Menu Subject to
Milk Served Daily
With All Meals



CHOICE
Monday
Chicken Sandwich
Tuesday
Hamburger
Wednesday
Pizza
Thursday
Cheeseburger
Friday
Hoagie

| <u>Mon</u> | <u>Tue</u> | <u>Wed</u> | <u>Thu</u> | <u>Fri</u> |
|----------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|
| | | | 1 Chicken Cordon Bleu Sandwich, Green Beans w/ Potatoes & Ham & Fruit | 2 Grilled Cheese, Ranch Fries, Fresh Baby Carrots with Spinach Dip & Fruit |
| NO SCHOOL ⁵ | NO CHOICE ⁶ Sloppy Joe Green Beans & Fruit | NO CHOICE ⁷ Pizza Salad & Fruit | NO CHOICE ⁸ Hot Dog Baked Beans & Fruit | NO SCHOOL ⁹ |
| 12 Shredded Pork Sandwich, Baked Beans, Fresh Baby Carrots, Pudding Dessert & Fruit | 13 Teriyaki Chicken & Rice, Steamed Broccoli, Toss Salad, Choice of Dressing, Fortune Cookie & Fruit | 14 Parmesan Chicken Sandwich, Green Beans, Jello Cup & Fruit | 15 Chicken Nuggets, Mashed Potatoes, Gravy, Slice of Bread & Fruit | 16 Sloppy Joe Sandwich, Sweet Potato Fries, Sorbet Cup & Fruit |
| 19 Hamburger Gravy over Mashed Potatoes, Slice of Bread & Fruit | 20 Shredded Pork Sandwich, Baked Beans & Fruit | 21 Rotini with Meat Sauce, Toss Salad, Choice of Dressing, Steamed Broccoli, Slice of Bread & Fruit | 22 Soft Taco w/ Meat, Lettuce, Cheese, Salsa, Refried Bean Dip, Mexican Corn, Spanish Rice & Fruit | 23 Chicken Nuggets, Tator Tots, Slice of Bread, Graham Crackers & Fruit |
| 26 Sloppy Joe Sandwich, Fresh Baby Carrots, Ranch Dressing & Fruit | 27 Touchdown Nachos w/ Meat & Cheese, Salsa, Green Beans, Refried Beans & Fruit | 28 BBQ Flatbread Pizza, Toss Salad, Choice of Dressing & Fruit | 29 Chicken Fajita Wrap w/ Lettuce & Cheese, Ranch Dressing, Peas & Fruit | 30 Chef's Salad w/ Meat and Cheese, Croutons, Choice of Dressing, Tortilla Chips, Black Bean Dip & Fruit |

"This Institution is an equal opportunity provider"