
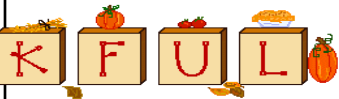




UNION LOCAL High/Middle School Breakfast Menu November 2023

Menu Subject to Change/ Milk, Fresh Fruit & Juice Served Daily With All Breakfast

<u>Mon</u>	<u>Tue</u>	<u>Wed</u>	<u>Thu</u>	<u>Fri</u>
		1 Yogurt w/ Asst. Toppings w/ Graham Crackers Or Cheese Filled Breadstick w/ Graham Crackers	2 ½ English Muffin. Jelly & Egg Patty Or Trix Cereal w/Cheese Stick	3 Apple Jacks Cereal w/ Graham Crackers Or Butterscotch Oatmeal Bar w/ Graham Crackers
6 Cocoa Puffs Cereal w/ Graham Crackers Or Asst. Nutri Grain Bars w/ Graham Crackers	7 2 Pancakes w/ Syrup Or Double Choc. Oatmeal Bar w/ Cheese Stick	8 Yogurt w/ Asst. Toppings w/ Graham Crackers Or Blueberry Scone,	9 2 HOUR EARLY DISMISS Asst. Muffins w/ Cheese Stick Or Apple Jacks Cereal w/ Cheese Stick	10 NO SCHOOL
13 Cinnamon Toast Crunch Cereal w/ Graham Crackers Or Gripz w/ Graham Crackers & Cheese Stick	14 Cinnamon Roll Or Cocoa Puffs Cereal w/ Cheese Stick	15 Yogurt w/ Asst. Toppings w/Graham Crackers Or Egg Patty, Sausage Link & Toast	16 Funnel Cake Or Fruit Loops Cereal w/ Cheese Stick	17 2 HOUR DELAY NO BREAKFAST
20 Apple Jacks Cereal w/ Graham Crackers Or Mini-Wheats Cereal w/ Graham Crackers	21 Oatmeal W/ Asst. Toppings w/ Cheese Stick Or Cinn. Toast Crunch Cereal Bar w/ Cheese Stick	22 NO SCHOOL 	23 NO SCHOOL 	24 NO SCHOOL 
27 Mini Wheats Cereal w/ Graham Crackers Or Berry Rice Krispy Bar w/ Graham Crackers	28 Biscuits & Gravy Or Golden Graham Cereal Bar w/ Cheese Stick	29 Yogurt w/ Asst. Toppings w/ Graham Crackers Or Egg Patty & Toast	30 Bagel, Cream Cheese & Jelly Or Oatmeal Choc. Chip Bar w/ Cheese Stick	

"This institution is an equal opportunity provider."