

UNION LOCAL
High/ Middle School Breakfast Menu
October 2021

Menu Subject to Change/ Milk, Fresh Fruit & Juice Served Daily With All Breakfast

<u>Mon</u>	<u>Tue</u>	<u>Wed</u>	<u>Thu</u>	<u>Fri</u>
				¹ Lucky Charms Cereal w/ cheese stick or Poptart w/ cheesestick
⁴ Golden Grahams Cereal w/ Graham Crackers Or Apple Rice Krispy Bar w/ Graham Crackers	⁵ Oatmeal W/ Asst. Toppings w/ Cheese Stick Or Cinn. Toast Crunch Cereal w/ Cheese Stick	⁶ Yogurt w/ Asst. Toppings w/ Graham Crackers Or Churro w/ Graham Crackers	⁷ Breakfast Sandwich (Egg & Cheese) Or Corn Pops Cereal w/ Cheese Stick	⁸ Apple Jacks Cereal w/ Graham Crackers Or Butterscotch Oatmeal Bar w/ Graham Crackers
¹¹ Cinnamon Toast Crunch Cereal w/ Graham Crackers Or Gripz w/ Graham Crackers	¹² Pancakes w/ Cheese Stick Or Cocoa Puffs Cereal w/ Cheese Stick	¹³ Yogurt w/ Asst. Toppings w/ Graham Crackers Or Egg & Cheese Sandwich (on toast)	¹⁴ Breakfast Bar w/ Cheese Stick Or Fruit Loops Cereal w/ Cheese Stick	¹⁵ Choc. Mini Wheats Cereal w/ Graham Crackers Or Trix Cereal Bar w/ Graham Crackers
¹⁸ Cheerios w/ Graham Crackers Or Berry Rice Krispy Bar w/ Graham Crackers	¹⁹ Biscuits & Gravy w/ Cheese Stick Or Golden Graham Cereal Bar w/ Cheese Stick	²⁰ Yogurt w/ Asst. Toppings w/ Graham Crackers Or Egg & Toast	²¹ Bagel, Cream Cheese & Jelly w/ Cheese Stick Or Oatmeal Choc. Chip Bar w/ Cheese Stick	²² Cinn. Toast Crunch Cereal w/ Graham Crackers Or Cocoa Puffs Cereal Bar w/ Graham Crackers
²⁵ Apple Jacks Cereal w/ Graham Crackers Or Choc. mini Wheats Cereal w/ Graham Crackers	²⁶ Oatmeal W/ Asst. Toppings w/ Cheese Stick Or Cinn. Toast Crunch Cereal Bar w/ Cheese Stick	²⁷ Yogurt w/ Asst. Toppings w/ Graham Crackers Or English Muffin, Jelly & Cheese Stick	²⁸ Breakfast Pizza w/ Cheese Stick or Trix Cereal w/ Cheese Stick	²⁹ Lucky Charms Cereal w/ Graham Crackers Or Strawberry Cheerios Bar w/ Graham Crackers

"This institution is an equal opportunity provider."