

UNION LOCAL Middle School Lunch Menu

September 2023

*Menu Subject to
Milk Served Daily
With All Meals*



CHOICE
Monday
Chicken Sandwich
Tuesday
Hamburger
Wednesday
Pizza
Thursday
Cheeseburger
Friday
Hoagie

<u>Mon</u>	<u>Tue</u>	<u>Wed</u>	<u>Thu</u>	<u>Fri</u>
				1 Chef's Salad w/ Meat and Cheese, Croutons, Choice of Dressing, Tortilla Chips, Black Bean Dip & Fruit
4 NO SCHOOL	5 Corn Dog, Baked Beans & Fruit	6 Rotini with Meat Sauce, Toss Salad, Choice of Dressing, Steamed Broccoli, Slice of Bread & Fruit	7 Soft Taco w/ Meat, Lettuce, Cheese, Salsa, Refried Bean Dip, Mexican Corn, Spanish Rice & Fruit	8 NO SCHOOL STAFF DEVELOPMENT
11 Taco Bowl w/ Meat, Cheese, Lettuce, Salsa, Refried Beans, Corn, Spanish Rice & Fruit	12 Pizza Pasta Casserole, Cooked Carrots, Slice of Bread & Fruit	13 Sweet Chili Sauce over Chicken Sandwich, Tossed Salad, Choice of Dressing, Steamed Broccoli & Fruit	14 Chicken Cordon Bleu Sandwich, Green Beans w/ Potatoes & Ham & Fruit	15 Grilled Cheese, Ranch Fries, Fresh Baby Carrots with Spinach Dip & Fruit
18 Hot Dog on a Bun, Green Beans, Fruit & Pudding	19 Popcorn Chicken (Choice of Sauce), Rice w/ Peas & Carrots, Steamed Broccoli Fortune Cookie & Fruit	20 Chef's Salad w/ Meat & Cheese, Croutons, Choice of Dressing, Crackers, Juice & Fruit	21 Parmesan Chicken Sandwich, Corn, Fresh Baby Carrots, Ranch Dressing & Fruit	22 Sloppy Joe Sandwich, Baked Beans, Sorbet Cup & Fruit
25 Chili Cheese Fries, Garlic Bread, Graham Crackers & Fruit Crisp	26 Chicken Alfredo, Steamed Broccoli, Toss Salad, Choice of Dressing, Slice of Bread, Sorbet Cup & Fruit	27 Honey Mustard Chicken Wrap w/ Cheese & Lettuce, Cooked Carrots, Graham Crackers & Fruit	28 Grilled Chicken Bacon Club Sandwich, Lettuce, Tomato & Cheese, Green Beans & Fruit	29 Cheese Dog, Baked Beans, Graham Crackers & Fruit

"This Institution is an equal opportunity provider"